



## ***SAMPLE ASSESSMENT***

### **NAIL SPECIALTY**

**Test Code: 7416**

**Version: 01**

***Specific Competencies and Skills Tested in this Assessment:***

**Safety and Health**

MSDS  
Hazardous material communications  
First aid  
Local state and federal safety codes  
General salon/clinic safety  
Difference between sanitation and sterilization  
Regulations  
Chemical methods/physical methods  
Sanitary rules and regulations

**Bacteria and Infectious Diseases**

Methods of infectious control  
OSHA regulations  
AIDS awareness  
Hepatitis  
Mold fungus  
Blood borne pathogens  
Viruses  
Infections and their prevention  
Sanitation/sterilization

**Manicuring and Hand and Arm Massage**

Basic manicures  
Men's manicure  
Nail shape and color analysis  
Types of massage  
Massage of hand and arm

**Nails and Nail Disorders**

Mold fungus  
Disorders of the nails and skin  
Foot disease  
Nail structure

## ***Nail Specialty continued***

### **Client Consultation**

Lifestyle profile  
Diagnosis of skin type and nail plate type and shape  
Nail services  
Nail services and product usage

### **Anatomy and Physiology/Skin**

Cell metabolism and structure  
Tissues and organs  
Systems of the body and their relationships  
Bones, muscles, nerves of hand, arm, leg and foot  
Histology of skin and HS function

### **Tip Application**

Procedure of tip application  
Removal techniques  
Tips with acrylic overlay  
Trouble shooting

### **Acrylic Application (3 ball method)**

Application tip overlay  
Natural nail overlay  
Sculptured nail  
Mending and repairing  
Re-balance and repair problem nails  
Chemical reaction to liquid and powder

### **Pedicure Procedures**

Procedure for paraffin treatment  
Massage manipulation  
Massage of foot/leg

### **Nail Art Procedure**

Removal of old polish  
Portfolio  
Professional organizations  
Career opportunities

### **Nail Wraps**

Wrapping technology silk, fiberglass, linen  
Surface wrapping natural nail and mending  
Tip overlay  
Liquid nail wrap maintenance

### **Gel Nails**

Procedure  
Gel over nail tips  
Strengthening natural nail with gels  
Procedure repairs and cracks proper clean up  
Removing gels and tips

### **Sculptured Nails**

Nail sculptured technology  
Application of nail forms

## *Nail Specialty continued*

### **Written Assessment:**

Administration Time: 3 hours

Number of Questions: 152

#### ***Areas Covered:***

18%	Safety and Health
20%	Bacteria and Infectious Diseases
10%	Manicuring, Hand and Arm Massage
8%	Nails and Nail Disorders
5%	Client Consultation
11%	Anatomy and Physiology of the Skin
7%	Tip Application
5%	Acrylic Application (3-Ball Method)
3%	Pedicure Procedures
2%	Nail Art Procedure
3%	Nail Wraps
5%	Gel Nails
3%	Sculptured Nails

#### ***Sample Questions:***

A Material Safety Data Sheet (MSDS) will tell you about a product's potential

- A. price increase
- B. hazards
- C. reformulation
- D. discontinuation

Nail fungus usually appears as a discoloration on the nail that spreads toward the

- A. cuticle
- B. tip
- C. nail bed
- D. center

Clients with ridged and brittle nails or dry cuticles may benefit from

- A. reconditioning hot oil manicure
- B. French manicure
- C. gentle scrubbing
- D. gel nails

Which of the following describes a nail loosening from the nail bed, usually beginning at the free edge and continuing to the lunula?

- A. mold
- B. paronychia
- C. onycholysis
- D. onychomycosis

## *Nail Specialty continued*

Blood vessels, fat cells and sweat glands are found in the \_\_\_\_\_ layer of the skin.

- A. epidermis
- B. subcutaneous
- C. reticular
- D. stratum mucosum

### **Performance Assessment:**

Administration Time: 2 hours and 15 minutes  
Number of Jobs: 1 job with 6 procedures

#### ***Areas Covered:***

8%	<b><u>Table Set-Up</u></b> <i>Sanitize, set-up disinfectant tray, set-up implements, fill fingerbowl</i>
29%	<b><u>Basic Manicure</u></b> <i>Shape nails, soak and condition, perform basic manicure</i>
11%	<b><u>Tip Application - Shaping</u></b> <i>Apply tips, trim, blend and file</i>
14%	<b><u>Wrap Application</u></b> <i>Apply fabric wraps to nails</i>
19%	<b><u>Acrylic Application</u></b> <i>Apply two-color acrylic overlay and a sculptured nail over a form</i>
11%	<b><u>Polish Application and Sanitation</u></b> <i>Apply 4 coats of nail covering, using 3-5 brush strokes per nail; clear work area and replace supplies to kit</i>
8%	<b><u>General criteria for overall test</u></b> <i>Jewelry restrictions, professional appearance, proper conduct</i>

## *Nail Specialty continued*

***Sample Job:*** Wrap Application

***Estimated Job Time:*** 30 minutes

***Participant Activity:*** A total of three nails will receive fabric wraps.

Step 1: Cut silk and fiberglass wraps into basic shapes.

Step 2: Set fiberglass wraps aside and apply one silk over tipped nails, trimming and gluing as procedures require.

Step 3: Apply fiberglass wrap to two nails, trimming, gluing , and using activator as procedure requires.

Step 4: Return to nails that have received silk and fiberglass wraps. Shape all three nails.

Step 5: Buff and oil all three wrapped nails.