NOCTI

Pathway Credential Blueprint

Personal Care Services

General Assessment Information

Blueprint Contents

General Assessment Information
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Test Type: The Personal Care Services industry-based credential is included in NOCTI's Pathway assessment battery. Pathway assessments assess knowledge and skills at a broader level than the Job Ready assessments and focus on the Pathways established as part of the national career cluster model. Pathway assessments are delivered entirely online which allows NOCTI to include engaging interactive items.
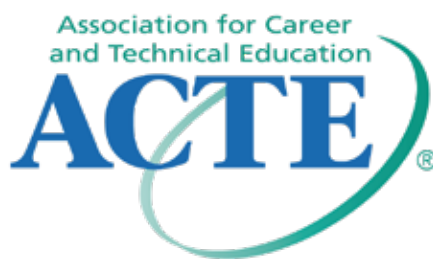
Revision Team: The assessment content is based on input from secondary, post-secondary, and business/industry representatives from the states of Connecticut, Kentucky, Michigan, New York, Pennsylvania, and South Dakota

CIP Code

51.2602-Home Health Aide/Home Attendant

CTE — Learning that works for America

Career Cluster 10-Human Services

Association for Career and Technical Education

ACTE®

The Association for Career and Technical Education (ACTE), the leading professional organization for career and technical educators, commends all students who participate in career and technical education programs and choose to validate their educational attainment through rigorous technical assessments. In taking this assessment you demonstrate to your school, your parents and guardians, your future employers and yourself that you understand the concepts and knowledge needed to succeed in the workplace. Good Luck!

NATIONAL COLLEGE CREDIT RECOMMENDATION SERVICE
University of the State of New York - Regents Research Fund

In the lower division baccalaureate/associate degree category, 3 semester hours in Personal Care Services

Written Assessment

NOCTI written assessments consist of questions to measure an individual's factual theoretical knowledge.

Administration Time: 2 hours
Number of Questions: 100
Number of Sessions: This assessment may be administered in one, two, or three sessions.

Areas Covered

Area	Percentage
General Human Services Technical Skills	16%
Personal Care Services Technical Skills	11%
Academic Foundations	11%
Systems	7%
Ethics and Legal Responsibilities	6%
Communications	9%
Information Technology Applications	9%
Problem Solving, Critical Thinking, and Decision Making	7%
Leadership and Teamwork	10%
Safety, Health, and Environmental	8%
Employability and Career Development	6%

Specific Standards and Competencies Included in this Assessment

General Human Services Technical Skills
- Apply professional standards when interacting with clients, coworkers, and public
- Display familiarity with human services-related terminology
- Employ organizational and planning skills to meet the needs of service recipients

Personal Care Services Technical Skills
- Identify appropriate methods – personal hygiene
- Identify appropriate methods – food preparation and eating
- Describe services associated with shopping, transporting, and housekeeping
- Identify methods of maintaining client integrity and independence

Academic Foundations
- Apply literacy skills in a human services career environment
- Apply mathematical skills in a human services career environment
- Apply science skills in a human services career environment

Systems
- Describe relationships, roles, and responsibilities among human service professionals
- Analyze impact on human services of technology, economy, and environment

Ethics and Legal Responsibilities
- Apply appropriate laws, regulations, and industry standards in human services situations
- Identify ethical issues and established ethical behavior in human services situations

Specific Standards and Competencies (continued)
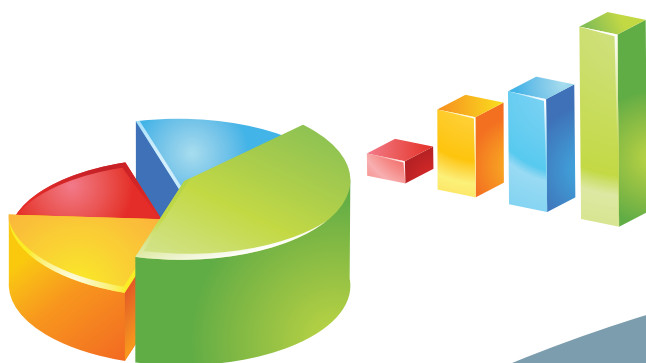
Communications
- Communicate using appropriate language and level, including using appropriate techniques for communicating with special needs individuals
- Apply listening skills and interpret verbal and nonverbal behaviors to enhance communication with coworkers and the public
- Interpret and use tables, charts, and figures to support written and oral communication

Information Technoloogy Applications
- Use word processing, presentation software, and email applications
- Use spreadsheet and database applications

Problem Solving, Critical Thinking, and Decision Making
- Use problem solving and critical thinking skills to locate credible sources of information about problems and determine appropriate methods for investigating causes
- Use problem solving and critical thinking skills to determine root causes of problems and to suggest and evaluate solutions
- Demonstrate skills involving crisis intervention and management

Specific Standards and Competencies (continued)

Leadership and Teamwork
- Apply leadership qualities
- Work effectively in a team environment
- Implement strategies to promote advocacy

Safety, Health, and Environmental
- Identify and practice appropriate safety and health procedures
- Demonstrate appropriate emergency and first aid knowledge and procedures
- Identify and practice appropriate environmental procedures

Employability and Career Development
- Demonstrate appropriate workplace behavior
- Pursue career development skills to advance in careers

Sample Questions

Helping clients return to their highest physical and mental function is
A. holism
B. psychology
C. recovery
D. rehabilitation

A low-cholesterol diet restricts or modifies _____ fat.
A. saturated
B. polyunsaturated
C. unsaturated
D. monounsaturated

Access to medical information has dramatically increased through use of
A. the Internet
B. textbooks
C. MP3 technology
D. databases

An example of body language that conveys interest in what a speaker is saying is
A. repeatedly gazing over the speaker's shoulder
B. crossing your arms
C. stifling a yawn
D. leaning forward slightly

For the safety of clients during home visits, human services professionals are required to
A. undergo a criminal background check as part of the hiring process
B. submit a blood sample as part of the hiring process
C. undergo a complete physical and neurologic exam
D. disclose confidential information about the client to strangers

Sample Questions (continued)

When making a bed, place the soiled linen
      A. on the bedside table
      B. on the over-bed table
      C. in a laundry bag/basket
      D. on the floor

Any personal information a client tells a caregiver in confidence should be
      A. kept confidential under all circumstances
      B. only shared with family and close friends
      C. discussed with other personnel outside of work hours
      D. shared with proper authorities when abuse is suspected

A person who is deaf might use _____ to assist with communication.
      A. color coding
      B. adjustable furniture
      C. visual supports
      D. Braille workbooks

For efficiency and organization, a worker should create _____ for his or her online work load.
      A. folders
      B. links
      C. web pages
      D. word documents

Participating in ongoing or continuing education classes is a good way to
      A. develop career skills
      B. assure a job promotion
      C. secure a salary increase
      D. impress the supervisor

Notes