

Pilot Assessment

Content is Subject To Change Prior to Full Implementation



Esthetics - Pilot

Code: 1172 / Version: 01

NOCTI

JOB READY ASSESSMENT BLUEPRINT

ESTHETICS - PILOT

Test Code: 1172

Version: 1

Specific Competencies and Skills Tested in this Assessment:

Anatomy and Physiology

Recognize and name the bones and muscles of the face, head, and neck

Demonstrate understanding of body systems and anatomy

Display understanding of the nerves of the head and face and the central nervous system

Skin Disorders and Diseases

Differentiate between viral, bacterial, and fungal skin diseases

Demonstrate understanding of skin disorders and diseases

Display understanding of skin types and conditions

Disinfection and Infection Control

Demonstrate understanding of disinfectants and cleaning solutions and their proper uses

Display understanding of the difference between different levels of decontamination

Display understanding of cross-contamination, infection control, SDS, and PPE

Chemistry and Electricity Basics

Display basic understanding of electricity

Display basic understanding of chemistry

Explain pH and its relevance to skin chemistry and ingredient performance

Color Theory and Makeup Application

Apply the color wheel

Maintain sanitation of tools and equipment

Display skin tone and corrective makeup

Esthetics - PILOT (continued)

Skin Histology

Describe skin layer, cellular components, and functions

Identify the function of melanocytes, fibroblasts, and keratinocytes

Demonstrate knowledge of the factors affecting skin health and aging

Display knowledge of the accessory structures of the skin

Skin Care Concepts and Scientific Principles

Demonstrate facial massage movements with proper pressure and rhythm

Demonstrate hair removal modalities and techniques

Demonstrate understanding of contraindications

Esthetics - PILOT (continued)

Written Assessment:

Administration Time: 2 hours

Number of Questions: 90

Areas Covered:

- 18% Anatomy and Physiology
- 10% Skin Disorders and Diseases
- 20% Disinfection and Infection Control
- 10% Chemistry and Electricity Basics
- 10% Color Theory and Makeup Application
- 22% Skin Histology
- 10% Skin Care Concepts and Scientific Principles

Sample Questions:

Sallowness of the skin can be attributed to impaired function of the _____ system.

- A. respiratory
- B. excretory
- C. circulatory
- D. lymphatic

Which is a type of bacterium responsible for difficult-to-treat infections based on its resistance to many common antibiotics?

- A. E. coli
- B. tuberculosis
- C. pertussis
- D. MRSA

In the case of an exposure incident, all contaminated _____ items, such as gloves or gauze, should be placed in a plastic bag and then in a trash bag.

- A. single-use
- B. multi-use
- C. reusable
- D. continued-use

Esthetics - PILOT (continued)

Which skin type on the Fitzpatrick scale rarely burns and tans very easily?

- A. Type II
- B. Type III
- C. Type IV
- D. Type V

Laser hair removal is considered _____ hair reduction.

- A. temporary
- B. semi-temporary
- C. semi-permanent
- D. permanent

Esthetics - PILOT (continued)

Performance Assessment:

Administration Time: 1 hours and 5 minutes

Number of Jobs: 3

Areas Covered:

36% **Facial**

Participant will perform a full basic facial treatment on a mannequin, including cleansing and toning, skin analysis, performing a massage, mask application and removal, moisturizer application, and proper cleanup.

36% **Waxing and Tweezing**

Participant will complete a brow waxing and tweezing service, including setting up the workstation, safely preparing and assessing the brow area, simulating proper waxing and tweezing techniques with correct disposal, soothing the skin after treatment, and finishing with thorough cleanup and sanitation of the work area.

28% **Makeup**

Participant will apply makeup to a mannequin, including foundation, powder, blush, eyeshadow, eyeliner, mascara, and lipstick, before cleaning the work area.

Esthetics - PILOT (continued)

Sample Job: Makeup

Maximum 25 minutes

Job Time:

Participant Activity: Participant will conduct a daytime makeup application by setting up the workstation, draping the mannequin, and dispensing the products onto the palette. Then, the participant will apply foundation, powder, blush, eyeshadow, eyeliner, (simulate) mascara, and lipstick before cleaning and sanitizing the workstation.