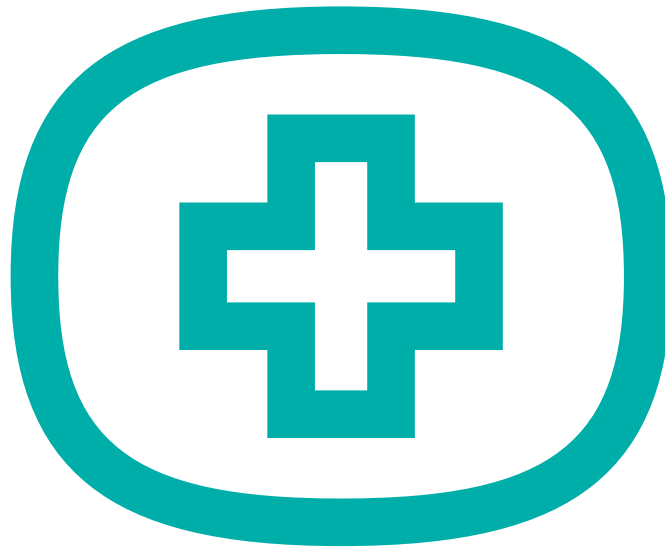


Pilot Assessment

Content is Subject To Change Prior to Full Implementation



Health Assisting - Pilot

NOCTI

JOB READY ASSESSMENT BLUEPRINT

HEALTH ASSISTING - PILOT

Test Code: 4343

Version: 1

Specific Competencies and Skills Tested in this Assessment:

Infection Control

Identify best practices when donning and doffing PPE
Identify components of the chain of infection
Recognize standard precautions
Understand transmission-based precautions
Identify best practices when cleaning and disinfecting equipment and a workspace
Understand how to manage and dispose of biohazardous waste

Safety

Demonstrate understanding regarding appropriate body mechanics
Understand the health assistant's role in preventing falls
Recognize unsafe situations
Understand and follow the facility's safety procedures

Basic Patient Care Skills

Identify strategies to assist patients with Activities of Daily Living (ADLs)
Understand how to accurately obtain and record a patient's vitals
Accurately measure and document intake and output
Identify strategies to assist with patient mobility, transfers, and positioning
Demonstrate understanding of holistic care

Documentation and Communication

Demonstrate understanding of documentation skills and techniques
Recognize the importance of effective communication skills within a team
Demonstrate understanding of therapeutic communication techniques and identify barriers to communication
Understand and apply medical terminology and abbreviations
Accurately report abnormal findings
Understand and follow plan of care

Health Assisting - PILOT (continued)

Legal, Ethical, and Professional Responsibilities

- Understand and follow HIPAA guidelines
- Understand the legal responsibilities of a health assistant
- Understand the proper use of restraints
- Demonstrate appropriate professional characteristics
- Understand the importance of self-care
- Demonstrate understanding of the fundamentals of patient advocacy

Anatomy and Body Systems Knowledge

- Identify normal structures and functions within body systems
- Identify abnormal structures, functions, signs, and symptoms within body systems
- Understand key factors that relate to growth, development, and age-related changes

Emergency Response and First Aid

- Identify and respond to medical emergencies
- Identify best practices regarding activating accurate emergency responses
- Demonstrate understanding of basic lifesaving skills

Health Assisting - PILOT (continued)

Written Assessment:

Administration Time: 2 hours and 30 minutes

Number of Questions: 139

Areas Covered:

- 14% Infection Control
- 14% Safety
- 20% Basic Patient Care Skills
- 14% Documentation and Communication
- 14% Legal, Ethical, and Professional Responsibilities
- 13% Anatomy and Body Systems Knowledge
- 11% Emergency Response and First Aid

Sample Questions:

When providing a bed bath to a patient with open wounds, a health assistant is most at risk from

- A. exposure to bloodborne pathogens
- B. heat exhaustion due to increased room temperature
- C. contact with airborne pathogens
- D. dehydration from prolonged activity

An appropriately fitted N95 respirator is required when a patient is in _____ precautions.

- A. contact
- B. droplet
- C. airborne
- D. standard

A Class C fire extinguisher (potassium chloride or bicarbonate) should be used when dealing with

- A. a grease fire in a commercial kitchen
- B. smoke and flames coming from an electrical lamp
- C. a fire involving combustible metals
- D. smoke and flames coming from a trash can full of paper

Health Assisting - PILOT (continued)

A mechanical soft diet is most appropriate for a patient with

- A. increased nutritional needs due to wound healing
- B. difficulty swallowing following a Cerebrovascular Accident (CVA)
- C. gastrointestinal irritation requiring minimal seasoning
- D. bowel inflammation requiring reduced fiber intake

Moving a patient from a lying position to a sitting position to help stabilize blood pressure is known as

- A. ambulation
- B. dangling
- C. physical therapy
- D. log rolling

A patient reports nausea. Nausea is best classified as a/an

- A. objective finding
- B. measurable sign
- C. subjective finding
- D. diagnostic conclusion

Posting a photo from the hallway in a clinical area is a

- A. potential OSHA violation
- B. potential HIPAA violation
- C. permitted action for educational purposes
- D. permitted workplace communication

The pancreas is best described as an organ

- A. responsible for filtering blood and regulating fluid balance
- B. that has both endocrine and exocrine functions
- C. primarily involved in bile production and detoxification
- D. that functions mainly in mechanical digestion

Health Assisting - PILOT (continued)

According to Maslow's hierarchy of needs, what does self-actualization refer to?

- A. meeting basic survival needs such as food and shelter
- B. developing confidence and a sense of self-worth
- C. realizing one's learning, creative, and spiritual potential
- D. forming relationships and a sense of belonging

Cardiopulmonary Resuscitation (CPR) is immediately required for a patient with which condition?

- A. low oxygen saturation but responsive
- B. pulseless, unresponsive, and not breathing
- C. dehydration requiring IV fluids
- D. chest pain with a detectable pulse

Health Assisting - PILOT (continued)

Performance Assessment:

Administration Time: 2 hours and 5 minutes

Number of Jobs: 5

Areas Covered:

18% **Changing an Occupied Bed**

Participant will remove and replace linens from an occupied bed. Throughout the procedure, they will communicate actively with the patient and maintain patient privacy.

26% **Obtaining Accurate Vital Signs and Measurements**

Participant will accurately obtain and record vital signs and measurements from a patient.

20% **Patient Wheelchair Transfers**

Participant will demonstrate proper body mechanics and safety measures when transferring a patient from a bed to a wheelchair and then back into the bed.

16% **Completing a Modified Bed Bath**

Participant will don appropriate PPE and perform a modified bed bath on a manikin. They will demonstrate appropriate patient interaction throughout the procedure and ensure patient privacy and safety at all times.

20% **Donning and Doffing PPE for Patient Scenario**

Participant will be presented with a patient scenario. They must determine the appropriate PPE required, then don and doff appropriately while demonstrating proper hand hygiene skills.

Health Assisting - PILOT (continued)

Sample Job: Obtaining Accurate Vital Signs

Maximum 30 minutes

Job Time:

Participant Activity: Participant will report to the assigned work area, prepare the required equipment, verify and document patient identity and procedure details, and explain the procedures while maintaining patient privacy. They will then obtain and record all required vital signs and measurements, return supplies, ensure the patient's comfort and safety, and notify the evaluator upon completion.