

# NOCTI

State Customized  
Credential Blueprint

## Pilot Assessment

Content is Subject To Change Prior to Full Implementation



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## Esthetics - Pilot (NY)

Code: 9972 / Version: 01

# NOCTI

## *CUSTOMIZED ASSESSMENT BLUEPRINT*

### ESTHETICS - PILOT

**Test Code: 9972**

**Version: 1**

#### ***Specific Competencies and Skills Tested in this Assessment:***

##### **Anatomy and Physiology**

Recognize and name the bones and muscles of the face, head, and neck

Demonstrate understanding of body systems and anatomy

Display understanding of the nerves of the head and face and the central nervous system

##### **Skin Disorders and Diseases**

Differentiate between viral, bacterial, and fungal skin diseases

Demonstrate understanding of skin disorders and diseases

Display understanding of skin types and conditions

##### **Disinfection and Infection Control**

Demonstrate understanding of disinfectants and cleaning solutions and their proper uses

Display understanding of the difference between different levels of decontamination

Display understanding of cross-contamination, infection control, SDS, and PPE

##### **Chemistry and Electricity Basics**

Display basic understanding of electricity

Display basic understanding of chemistry

Explain pH and its relevance to skin chemistry and ingredient performance

##### **Color Theory and Makeup Application**

Apply the color wheel

Maintain sanitation of tools and equipment

Display skin tone and corrective makeup

*Esthetics - PILOT (continued)*

**Skin Histology**

Describe skin layer, cellular components, and functions

Identify the function of melanocytes, fibroblasts, and keratinocytes

Demonstrate knowledge of the factors affecting skin health and aging

Display knowledge of the accessory structures of the skin

**Skin Care Concepts and Scientific Principles**

Demonstrate facial massage movements with proper pressure and rhythm

Demonstrate hair removal modalities and techniques

Demonstrate understanding of contraindications

*Esthetics - PILOT (continued)*

***Written Assessment:***

Administration Time: 2 hours

Number of Questions: 90

***Areas Covered:***

- 18% Anatomy and Physiology
- 10% Skin Disorders and Diseases
- 20% Disinfection and Infection Control
- 10% Chemistry and Electricity Basics
- 10% Color Theory and Makeup Application
- 22% Skin Histology
- 10% Skin Care Concepts and Scientific Principles

***Sample Questions:***

Sallowness of the skin can be attributed to impaired function of the \_\_\_\_\_ system.

- A. respiratory
- B. excretory
- C. circulatory
- D. lymphatic

Which is a type of bacterium responsible for difficult-to-treat infections based on its resistance to many common antibiotics?

- A. E. coli
- B. tuberculosis
- C. pertussis
- D. MRSA

In the case of an exposure incident, all contaminated \_\_\_\_\_ items, such as gloves or gauze, should be placed in a plastic bag and then in a trash bag.

- A. single-use
- B. multi-use
- C. reusable
- D. continued-use

*Esthetics - PILOT (continued)*

Which skin type on the Fitzpatrick scale rarely burns and tans very easily?

- A. Type II
- B. Type III
- C. Type IV
- D. Type V

Laser hair removal is considered \_\_\_\_\_ hair reduction.

- A. temporary
- B. semi-temporary
- C. semi-permanent
- D. permanent

*Esthetics - PILOT (continued)*

***Performance Assessment:***

Administration Time: 2 hours

Number of Jobs: 4

***Areas Covered:***

22%      **Set Up**

*Participant will set up the station for a hair removal and a facial, including preparing the bed for the mannequin, the cart/work area, and the mannequin.*

20%      **Hair Removal**

*Participant will perform simulated facial hair removal services by maintaining proper hand hygiene, preparing and treating the upper lip and eyebrow areas, demonstrating waxing and tweezing techniques, and providing appropriate after-care procedures.*

35%      **Facial**

*Participant will perform a simulated basic facial service by properly setting up the station, maintaining hand hygiene, cleansing and toning the skin, conducting and verbalizing a skin analysis, demonstrating massage techniques and comedone extractions, and applying a mask and daytime moisturizer.*

23%      **Daytime Makeup**

*Participant will perform a simulated daytime makeup application by preparing and draping the mannequin, dispensing products onto a palette, applying a full daytime makeup look, notifying the evaluator upon completion, and properly cleaning and sanitizing the workstation.*

*Esthetics - PILOT (continued)*

**Sample Job:** Facial

**Maximum** 1 hour

**Job Time:**

**Participant Activity:** Participant will perform a simulated basic facial service by properly setting up the station, maintaining hand hygiene, and cleansing and toning the skin. Then, they will conduct and verbalize a skin analysis for the evaluator and demonstrate massage techniques and comedone extractions before applying a mask and daytime moisturizer.

*Esthetics - PILOT (continued)*

## ***Equipment, Materials, and Supplies***

**Instructor set up instructions:** Prepare and provide a cart checklist for the evaluator.

**All Jobs: Participant will use personal kit. Kits may vary.**

- Mannequin
- Hand sanitizer
- Alcohol spray
- EPA-registered disinfectant (spray or wipes)
- Paper towels, if appropriate
- Labeled: appropriate trash/disposable receptacles (including biohazard)
- Labeled: appropriate covered containers (1 clean/1 dirty)

**PPE:**

- Disposable gloves
- Appropriate program uniform
- Close-toed, unperforated shoes

### **JOB 1: SET UP**

*Maximum completion time: 15 minutes*

*Job 1 = 22% of test*

- Head band or appropriate head protection
- 2 sheets
- 2-3 towels
- Alcohol spray
- Tray covers
- Water spray bottle
- Disposable gloves

### **JOB 2: HAIR REMOVAL**

*Maximum completion time: 15 minutes*

*Job = 20% of test*

- **Simulated labeled:**
  - Wax
  - Pre-cleansing product
  - Soothing cream
- Sticks
- Strips
- Tweezers

*Esthetics - PILOT (continued)*

**JOB 2: HAIR REMOVAL (continued)**

- Spoolie
- Disposable gloves
- Cotton rounds/balls
- Tissues or 4x4 squares for “tweezed hairs”

**JOB 3: FACIAL**

*Maximum completion time: 60 minutes*

*Job 3 = 35% of test*

- Client protective towel
- Client protective hair covering and spa head band
- Sheet and/or towel for chair/table

**Cleanser and Toner:**

- **Simulated labeled:**
  - Toner
  - Facial cleanser
- Esthetic wipes or cotton rounds
- Disposable or disinfected spatulas, if appropriate
- Water bottle or bowl

**Skin analysis:**

- Eye covers
- Magnification light or magnifying glass

**Extractions:**

- 4x4 esthetic wipes
- Eye covers
- Gloves
- Alcohol spray
- Tissues
- Toner or astringent
- Cotton tipped applicators

**Massage:**

- **Simulated labeled:**
  - Massage medium
- Esthetic wipes or cotton rounds
- Disposable or disinfected spatulas, if appropriate
- Water bottle or bowl, if appropriate

*Esthetics - PILOT (continued)*

**JOB 3: FACIAL (continued)**

**Mask:**

- **Simulated labeled:**
  - Mask (mummy mask optional)
  - Moisturizer
- Esthetic wipes or cotton rounds
- Disposable or disinfected spatulas, if appropriate
- Water bottle or bowl, if appropriate

**JOB 4: DAYTIME MAKEUP**

*Maximum completion time: 30 minutes*

*Job 4 = 23% of test*

- Palette
- Foundation
- Concealer
- Setting powder
- Blush
- 2 eyeshadow shades
- Eyeliner (must be sharpen-type)
- Eyebrow pencil (must be sharpen-type)
- Lipstick
- Lip liner (must be sharpen-type)
- Sponges
- Eyeshadow and lip applicators
- Cotton balls
- Pencil sharpener
- 70% isopropyl rubbing alcohol spray
- Tissues
- Wubbie/towel
- Cotton tip applicators, if applicable
- Hand sanitizer
- Towel or makeup drape
- Head/hair net