

Health Assisting

General Assessment Information

Blueprint Contents

General Assessment Information

Sample Written Items

Written Assessment Information

Performance Assessment Information

Specific Competencies Covered in the Test

Sample Performance Job

Test Type: The Health Assisting assessment is included in NOCTI's Teacher assessment battery. Teacher assessments measure an individual's technical knowledge and skills in a proctored proficiency examination format. These assessments are used in a large number of states as part of the teacher licensing and/or certification process, assessing competency in all aspects of a particular industry. NOCTI Teacher tests typically offer both a written and performance component that must be administered at a NOCTI-approved Area Test Center. Teacher assessments can be delivered in an online or paper/pencil format.

Revision Team: The assessment content is based on input from subject matter experts representing the following states: Michigan, Pennsylvania, Virginia.



51.0899 - Allied Health and
Medical Assisting
Services, Other



Career Cluster -
Health Science



31-1014.00 - Nursing
Assistants

Written Assessment

NOCTI written assessments consist of questions to measure an individual's factual theoretical knowledge.

Administration Time: 3 hours

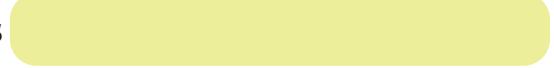
Number of Questions: 154

Number of Sessions: This assessment may be administered in one, two, or three sessions.

Areas Covered

First Aid and General Safety  19%

Medical Terminology  12%

Body Systems  19%

Observation and Communication  12%

Documentation and Legal/Ethical Issues  14%

Health Assistant Skills  24%

Specific Standards and Competencies Included in this Assessment

First Aid and General Safety

- Recognize and demonstrate appropriate first aid and emergency techniques
- Differentiate signs and symptoms requiring emergency care
- Recognize and demonstrate fire safety and general safety procedures involved in patient care
- Recognize and demonstrate procedures for handling waste and hazardous materials
- Recognize signs, symptoms, and reporting mandates for violent and/or abusive situations
- Recognize and demonstrate infection control measures, including standard precautions, hand washing techniques, isolation, and personal protective equipment (PPE)

Medical Terminology

- Identify and interpret word prefixes and suffixes
- Identify and interpret combining forms
- Identify and interpret approved medical abbreviations and acronyms
- Identify and differentiate various medical and surgical definitions and conditions

Body Systems

- Identify and interpret anatomical terms, including body cavities
- Identify normal structures and functions within body systems
- Identify abnormal structures, functions, signs, and symptoms within body systems

Observation and Communication

- Recognize and practice professional patient and staff communications
- Recognize and report abnormal assessment findings (e.g., subjective and objective findings)
- Recognize and respect cultural diversity
- Recognize and provide care for all stages of growth and development

(Continued on the following page)

Specific Standards and Competencies (continued)

Documentation and Legal/Ethical Issues

- Identify legal and ethical issues of concern for a health assistant
- Demonstrate understanding of confidentiality, HIPAA regulations, professional behaviors, guidelines, and legal practices of a health assistant
- Identify policies and procedures available for reporting legal/ethical concerns and issues
- Demonstrate accurate documentation procedures

Health Assistant Skills

- Accurately measure and record vital signs, height, weight, and pain
- Demonstrate proper body mechanics, including those during patient transfer, positioning, lifting, and moving
- Assist with elimination needs (e.g., bowel and bladder)
- Assist with obtaining body fluid specimens
- Assist with personal care and hygiene
- Obtain and accurately measure patient intake and output (I & O)
- Assist with patient nutritional needs
- Assist with, observe, and report patient skin care conditions
- Demonstrate accurate filing techniques for patient records
- Identify and utilize appropriate procedures for cleaning equipment



Sample Questions

First aid for a patient with heat exhaustion requires

- A. submerging the patient in an ice bath
- B. loosening or removing excessive clothing
- C. covering the patient with blankets
- D. offering sips of warm water at frequent intervals

A health assistant may suspect child abuse when

- A. the child has a few bruises on his or her shins
- B. a young child will not talk to healthcare personnel
- C. the child has broken an arm while playing football
- D. two different stories are given for an injury

In surgery, the suffix that means "the creation of an artificial opening" is

- A. otomy
- B. oscopy
- C. ectomy
- D. ostomy

Medical consent forms require that a patient is informed of

- A. possible complications
- B. insurance coverage
- C. physician's direct phone number
- D. the cost of the procedure

The type of muscle tissue found in the walls of internal organs of the body is

- A. cardiac
- B. smooth
- C. skeletal
- D. excitable

Performance Assessment

NOCTI performance assessments allow individuals to demonstrate their acquired skills by completing actual jobs using the tools, materials, machines, and equipment related to the technical area.

Administration Time: 1 hour, 5 minutes

Number of Jobs: 4

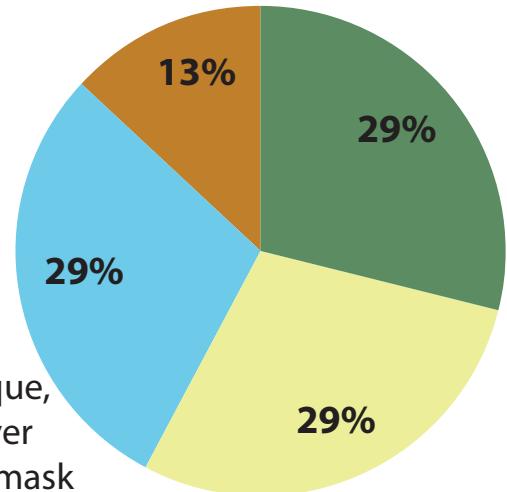
Areas Covered:

29% Hand Washing and Personal Protective Equipment (PPE)

Participant will gather equipment, maintain clean technique, demonstrate correct hand washing technique, put on cover gown, mask, and gloves, then remove gloves, gown, and mask all in the correct order, correctly wash hands, and clean work area.

29% Change a Patient Gown

Participant will identify the patient, introduce self and explain procedure, retrieve clean gown, verbalize the need for hand washing prior to beginning of procedure, provide privacy for the patient, remove soiled gown, dispose of soiled gown properly, apply the clean gown, position patient for safety and comfort, and verbalize the need for hand washing after procedure.



(Continued on the following page)

Areas Covered (continued)

29% Measure Vital Signs, Height, and Weight

Participant will gather equipment, identify patient and explain procedures, verbalize hand washing, accurately take pulse, respirations, blood pressure, height, and weight, clean work area, and check patient for comfort and safety.

13% Transfer Patient from Bed to Wheelchair

Participant will use correct body mechanics to transfer patient with left-sided weakness from bed to wheelchair, and from wheelchair to bed.

Sample Job

Transfer Patient from Bed to Wheelchair

Maximum Time: 15 minutes

Participant Activity: The participant will demonstrate the proper procedure for transferring a patient with left-sided weakness. Participant will use a gait belt to transfer the patient from a bed to a wheelchair and from the wheelchair back to the bed.

